



# UnitedHealthcare®



## EVENT SUPPORTERS:



**PINELLAS**



**JACKSONVILLE**



Jacksonville



**POST 10556  
BOCA RATON, FL**



**POST 62 STUART, FL  
POST 304 DANIA BEACH, FL  
POST 43 HOMESTEAD**



**Natalie's**  
ORCHID ISLAND JUICE CO.

# Welcome to the Project Hero – 2018 Southernmost Point Ride

**Friday, Jan 12 to Wednesday, Jan 17**

Before embarking on a serious training program, it is a good idea for everyone to get checked out by their doctor to address any current potential physical problems.

Project Hero is not a race. It is an experience that will challenge you physically, mentally, and emotionally. For most, riding with Project Hero means riding every mile. We understand and appreciate the dedication and support in your goal, but your health and well-being are also important to us. As you set your own goals and measure your accomplishments, remember, your success is not necessarily about riding every mile, it is about riding every mile you can while remaining healthy and injury-free.

Project Hero rides are not about how fast you can go, but rather about how to ride with a group. We usually have three groups of varying riding abilities lead by group leaders. You can ride alone at home, but on Project Hero rides, we ride in groups. You will find a group of riders that will work at close to your pace and you should work together – sometimes riding faster or slower to keep the group together. Riding in a group provides opportunity to draft (letting you use less energy), to get to know other riders, and most important of all, to have support vehicles with you.

If you are alone, you will NOT have any support with you. Support vehicles carry spare wheels, tool kits, first aid, drinks, and snacks. They also provide protection if you need to stop for repair or injury. If you are unable to ride for whatever reason, *the support vehicle will provide you and your bike with a ride to the rest stop or hotel.* Project Hero is a group ride. Take advantage of the opportunity to learn more about riding and to make new friends with similar interests.

**PLEASE NOTE: Routes can change without notice.** You must attend the Ride Briefing each day, which will give you details on changes and points of interests along the route.

## **A Statement on our drug, medication, and substance policy**

Participating in any Project Hero (PH) activity while on any substance that could possibly impair your ability to operate a bicycle is against the rules and policies of PH and motor vehicle codes. Any person found to be impaired while riding, or would be found publicly intoxicated, can be removed from a (PH) activity, and might have future invites revoked as well as future registrations flagged. Prescription medications must only be used in a legal and prescribed manner. Use of any prescription medication, regardless of legal status, in a manner, method, or area that could possibly affect the mental state or drug test of other participants, volunteers, guest, or staff will not be tolerated. Any person found to be utilizing medication in this manner might be removed from a PH activity, have future invites revoked, as well as future registrations flagged.

## **Sample Daily Schedule: Please see below for Daily Departure Schedule**

6:30 am	Breakfast (at Hotel)
7:00-7:30 am	Luggage out to the U-HAUL
8:00am	Ride Briefing (Your luggage must be in the truck)
8:15 am	Ride Start from hotel
3:00 pm	Arrive at Hotel (Please look for the luggage truck to pick your stuff and room assignments)
6:00 pm	Dinner
8:00 pm +	Post Dinner activity as available

**There will be a ride briefing approx. 15 minutes before the start of each day...**



**Luggage:**

1 Large suitcase should be enough.  
Plus, if you have a bike bag or box.

**If you have an accident during the ride:**

**Expected Weather**

Sunny with rain showers possible and highs in the 80s low in the 60s.

**Suggested Packing List:**

Bike Cycling Shoes Helmet Multi Tool 2-3 Jerseys 2-3 Shorts Cycling Gloves Bike Water Bottles <u>Warmer Clothing:</u> Light / Rain Jacket Arm and or Leg Warmers Cold Weather Hat	Chapstick Any Prescription Medications Hygiene / Shaving Kit 2-3 Appropriate Dinner Clothing Swim Suit ( <i>optional</i> ) Socks Camera Sunglasses Chargers for Phone / iPad / etc.
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Arrive to Hotel On your Own

**Arrival At Hotel / Rooming:**

Please look for the Hotel Coordinator when you arrive to the finish each day.

There you will find your bags and rooming assignments.

DINNER: between 6-8pm.

**NOTE:** DO NOT charge anything to your room. You will be responsible to pay any charges to your room at check out.

**To promote safety and camaraderie, please NO iPods or other musical devices while riding!**

### **While Riding:**

#### **Ten Commandments of Bicycling**

- I. Wear a helmet everyday
- II. Conduct an ABC Quick Check before every ride
- III. Obey traffic laws: ride on the right, slowest traffic farthest to right
- IV. Ride predictably and be visible at all times
- V. At intersections, ride in the right-most lane that goes in the direction you are traveling
- VI. Scan for traffic and signal lane changes and turns
- VII. Be prepared for mechanical emergencies with tools and know-how
- VIII. Control your bike handling skills
- IX. Drink before you are thirsty and eat before you are hungry
- X. HAVE FUN!!

### **Rules of The Road**

Cyclist fare best when they act and are treated as drivers of vehicles

- Obey all traffic signs and signals
- Ride in the same direction as other traffic
- Use hand and arm signals
- One hand on the handlebars
- Effective brakes

### **Efficiency On The Bike**

Use lower gears

Newer cyclist tend to push too big of a gear; down shift and spin a smaller gear

Low cadence will cause you to fatigue faster and might cause knee pain

Try to spin about 90-105 RPMS; you'll have more energy and get a better workout

### **No Bull – AKA No Skateboarding**

When stopped, don't push off the ground to get started

Leave one pedal in the two o'clock position; push down when you are ready to go

You will have enough momentum to balance and put your other foot on the pedal

### **Relax**

You should be comfortable while you ride

Relax while you ride; it takes energy to grip the handlebar in fear

Change hand positions often

Relaxed riders are smooth and crash less often

### **Don't Rock The Boat**

Make sure that your saddle height is adjusted properly

Too high and your hips rock; too low causes knee pain

You should have a slight bend in your knee at the bottom of the pedal, which increases efficiency

### **Avoid The Wall**

Listen to your body while you ride to avoid hitting the wall of exhaustion

Eat before you are hungry and drink before you are thirsty to avoid fatigue

If you experience a lightheaded feeling, get off the bike and get some fluids

**Weekly Schedule and Routes:**

**Friday, Jan 12 – Stuart, FL.**

**HOTEL**

Clarion Inn, 1200 SE Federal Hwy, Stuart, FL 34994  
772-287-6900

**SCHEDULE:**

11:00 AM – 4:00 PM     VOLUNTEER and STAFF CHECK-IN  
SIGN WIAVER

4:00 PM – 6:30 PM     REGISTRATION:  
LOCATION: Signage will be posted

- GOODIE BAG PICK-UP
- BIKE BUILD / BIKE FIT

4:30 – 5:30 PM         Caravan Meeting TBD  
5:30 – 6:00 PM         Caravan Load cars. **U-HAUL**

6:30 PM                 KICK- OFF DINNER:  
LOCATION: At hotel SPONSORED BY: American Legion Post 62 & Sonny's BBQ

8:00 PM                 Staff and Volunteers Load Trucks  
LOCATION: TBD

LATE REGISTRATION AFTER DINNER FOR ARRIVALS AFTER 6:30 PM

**Saturday, Jan. 13 Stuart, FL – Boca Raton, FL 68 MILES****Bag Drop at U-Haul 7:30-8:15**

RIDE BRIEFING: 8:45 DEPART: One Group at 9:00

MILE	TURN	INSTRUCTION	COMMENTS
0.01	Right	Turn right onto US-1 S	
0.92	Left	Turn left onto SE Monterey Rd	
1.17	Right	Turn right onto Florida A1A S	
5.2	Straight	At the traffic circle, continue straight to stay on Florida A1A S	
10.63	Right	Turn right onto SE Pettway St	
10.88	Left	Turn left onto US-1 S	
12.27	Left	Turn left onto SE Bridge Rd	
13.62	Right	Turn right onto S Beach Rd	
22		Rest Stop	<b>Rest Stop: American Legion Post 271, 775 U.S. Hwy Onex, Tequesta, FL 33469</b>
22.52	Left	Turn left onto US-1 S	
23.08	Right	Turn right at Ocean Blvd	
23.09	Left	Sharp left onto Florida A1A S/N A1A/Ocean Blvd	
29.41	Right	Slight right onto Juno Isles Blvd	
29.45	Left	Turn left onto US-1 S	
30.8	Left	Turn left onto Florida A1A S/State Hwy 703/Jack Nicklaus Dr	
35.8	Straight	Continue onto Blue Heron Blvd	
36.71	Left	Turn left onto Avenue A/Lake Shore Dr	
36.85	Right	Avenue A/Lake Shore Dr turns right and becomes E 23rd St	
36.94	Left	Turn left onto Avenue B	
37.12	Right	Turn right onto E 20th St	
37.29	Left	Turn left onto Broadway Ave	
38.39	Left	Turn left onto 59th St	
38.57	Right	Turn right onto N Flagler Dr/Poinsettia Ave	
39.77	Left	Turn left onto N Flagler Dr	
40		Lunch	<b>Lunch: VFW Post 2007 1126 Clare Ave, West Palm Beach, FL</b>
42.2	Right	Turn right onto S Flagler Dr	
44.19	Straight	Continue onto Washington Rd	
44.53	Left	Turn left onto S Flagler Dr/Greenwood Dr	
45.04	Left	Turn left onto Southern Blvd	
45.7	Straight	At the traffic circle, take the 1st exit onto S Ocean Blvd	
50.32	Right	Turn right	
50.33	Left	Turn left	
52	Left	Turn left toward S Ocean Blvd	
52.01	Right	Turn right onto S Ocean Blvd	
62.41	Right	Turn right onto Linton Blvd	
66.25	Right	Turn right onto NW 51st St/Yamato Rd	

67.35	Right	Turn right onto NW 53rd St/NW 8th Ave	ETA - 2:45-3:45 Embassy Suites, 661 NW 53rd St, Boca Raton, FL 33487
67.61	Arrive	Hotel	

**HOTELS:**

Embassy Suites by  
Hilton Boca Raton

Busses Depart: Shuttle beginning at 5:15pm

661 NW 53rd St, Boca  
Raton, FL 33487

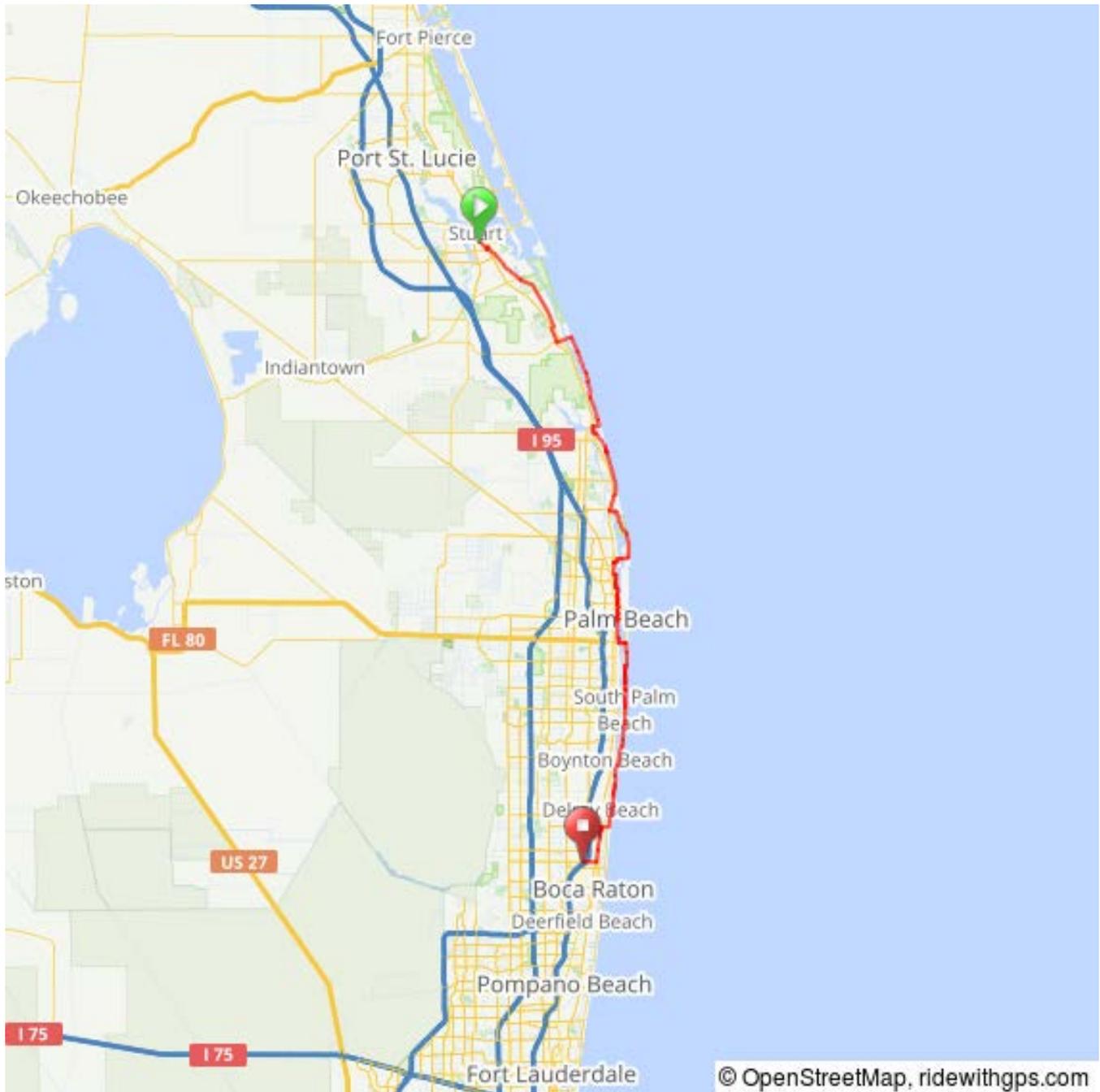
DINNER: 5:30pm

561-989-3966

Sponsored By: VFW Post 10556

Location: 5000 T-Rex Ave. Boca Raton, FL 33431

**Saturday, Jan. 13 Map**



**Sunday, Jan. 14 Boca Raton, FL. – Homestead, FL. 84 MILES**

U-Haul Bag Drop: 6:45-7:15

RIDE BRIEFING: 7:45 DEPART: One Group 8:00

MILE	TURN	INSTRUCTION	COMMENTS
0.05	Left	Turn left toward NW 53rd St	
0.16	Right	Turn right toward NW 53rd St	
0.17	Left	Turn left onto NW 53rd St	
0.18	Right	Turn right to stay on NW 53rd St	
0.34	Straight	Continue onto NW 8th Ave	
0.47	Left	Turn left onto NW 51st St/Yamato Rd	
0.48	Right	Sharp right at NW 53rd St/NW 8th Ave	
0.5	Left	Sharp left onto NW 51st St/Yamato Rd	
0.59	Right	Turn right onto El Rio Trail	
1.2	Left	Turn left onto NW 40th St/Spanish River Blvd	
3	Right	Turn right onto N Ocean Blvd	
8.81	Straight	Continue onto Hillsboro Mile	
11.96	Straight	Continue onto N Ocean Blvd	
19.72	Straight	Continue onto N Fort Lauderdale Beach Blvd	
21.82	Straight	Continue onto S Atlantic Blvd/Seabreeze Blvd	
23.46	Straight	Continue onto SE 17th St	
24.96	Left	Turn left onto US-1 S	
25.7	Right	Slight right onto SE 6th Ave	
26.21	Straight	Continue onto Eller Dr	
26.73	Straight	Continue onto NE 7th Ave	
28.04	Straight	Continue onto NE 10th St	
28.58	Straight	Continue onto Taylor Rd	
28.71	Left	Turn left onto US-1 S	
29.37	Left	Turn left onto NE 1 <sup>st</sup> St	
30		Rest Stop	<b>Rest Stop: American Legion Post 304, 41 NE 1st Ct, Dania Beach, FL 33004</b>
29.69	Right	Turn right onto Fronton Blvd	
29.81	Left	Turn left onto E Dania Beach Blvd	
31.42	Left	Keep left at the fork, follow signs for FL-A1A S	
31.52	Left	Turn left onto N Ocean Dr	
38.29	Straight	Continue onto Florida A1A S/Collins Ave	
41.01	Right	Slight right	
41.21	Right	Turn right	
41.74	Right	Turn right	
41.88	Right	Turn right	
41.9	Left	Turn left toward Florida A1A S/Collins Ave	
42.16	Left	Turn left toward Florida A1A S/Collins Ave	
42.17	Right	Turn right onto Florida A1A S/Collins Ave	
43.23	Straight	Continue onto Harding Ave	
43.41	Right	Turn right onto 95th St	
43.51	Straight	At the traffic circle, take the 3rd exit onto Byron Ave	
44.17	Right	Turn right onto Byron Ave	

44.27	Right	Turn right onto 89th St	
44.38	Right	Turn right onto 88th St	
44.67	Left	Turn left onto 84th St	
45.25	Right	Turn right onto 75th St	
45.67	Straight	Continue onto Indian Creek Dr	
46		Lunch	<b>Lunch: Mission BBQ @ Calvary Chapel, 7141 Indian Creek Drive, Miami Beach, FL 33141</b>
46.49	Right	Slight right to stay on Indian Creek Dr	
46.54	Straight	Continue onto W 63rd St	
46.84	Left	Turn left onto La Gorce Dr	
48	Straight	Continue onto Pine Tree Dr	
48.76	Right	Turn right onto W 44th St	
48.96	Left	Turn left onto W 41st St	
48.97	Straight	Continue onto Pine Tree Dr	
50.01	Straight	Continue onto Dade Blvd	
50.47	Left	Turn left onto Meridian Ave	
50.48	Right	Turn right onto Dade Blvd	
50.82	Left	Turn left onto Dade Blvd	
51.05	Straight	Continue onto Venetian Way	
52.7	Straight	Continue onto Venetian Causeway	
53.14	Right	Slight right to stay on Venetian Causeway	
53.85	Left	Turn left onto Biscayne Blvd	
54.38	Right	Turn right onto NE 8th St	
54.65	Right	Turn right onto NE 4th St	
54.77	Left	Turn left onto NE 2nd Ave	
55.44	Straight	Continue onto Brickell Ave	
56.18	Right	Turn right onto SE 15th Rd	
56.26	Straight	At the traffic circle, continue straight onto SW 15th Rd	
56.42	Left	Turn left onto M-Path	
57.11	Right	Slight right to stay on M-Path	
57.37	Left	Turn left to stay on M-Path	
60.39	Right	Turn right to stay on M-Path	
60.59	Left	Turn left onto SW 37th Ave/Douglas Rd	
60.62	Right	Turn right onto M-Path	
60.63	Straight	Make a U-turn at Shipping Ave	
60.98	Right	Turn right to stay on M-Path	
60.99	Left	Turn left to stay on M-Path	
61.28	Right	Slight right to stay on M-Path	
61.68	Left	Slight left to stay on M-Path	
62.12	Left	Slight left to stay on M-Path	
62.38	Straight	Continue straight to stay on M-Path	
62.91	Right	Slight right onto US-1	
62.93	Right	Turn right onto M-Path	
63.14	Left	Turn left to stay on M-Path	
63.38	Left	Turn left to stay on M-Path	
63.61	Right	Slight right onto US-1 S	
63.76	Right	Slight right onto M-Path	

64.07	Left	Turn left onto SW 62 <sup>nd</sup> Ave	
64.28	Right	Turn right onto SW 78 <sup>th</sup> St	
64.44	Left	Slight left toward SW 63 <sup>rd</sup> Ave/SW 78 <sup>th</sup> St	
64.47	U-Turn	Make a U-Turn	
64.5		Rest Stop	<b>Rest Stop: Elks Lodge 1676, 6304 SW 78th St, South Miami, FL 33143</b>
64.51	Right	Slight right onto SW 63 <sup>rd</sup> Ave/SW 78 <sup>th</sup> St	
64.54	Right	Slight right onto SW 63 <sup>rd</sup> Ave	
64.67	Right	Turn right onto SW 80 <sup>th</sup> St	
64.94	Left	Slight left to stay on M-Path	
65.05	Left	Slight left to stay on M-Path	
65.56	Right	Slight right to stay on M-Path	
65.78	Right	Turn right onto Pinecrest Pkwy	
65.83	Right	Turn right	
66.17	Left	Turn left onto Dadeland Blvd	
66.2	Right	Turn right onto Pinecrest Pkwy	
66.31	Right	Turn right toward S Dade Trail	
66.37	Left	Turn left onto S Dade Trail	
78.76	Left	Sharp left onto SW 252nd St	
78.91	Right	Turn right onto SW 137th Ave/Tallahassee Rd	
82.71	Right	Turn right onto SW 312th St/NE 8th St/Campbell Dr	
84.15	Right	Turn right onto N E 9th St	
84.18	Left	Hotel	<b>ETA – 3:00-4:00 Hampton Inn &amp; Suites - Miami South Homestead 2855 N E 9th St, Homestead, FL 33033</b>

**HOTEL:**

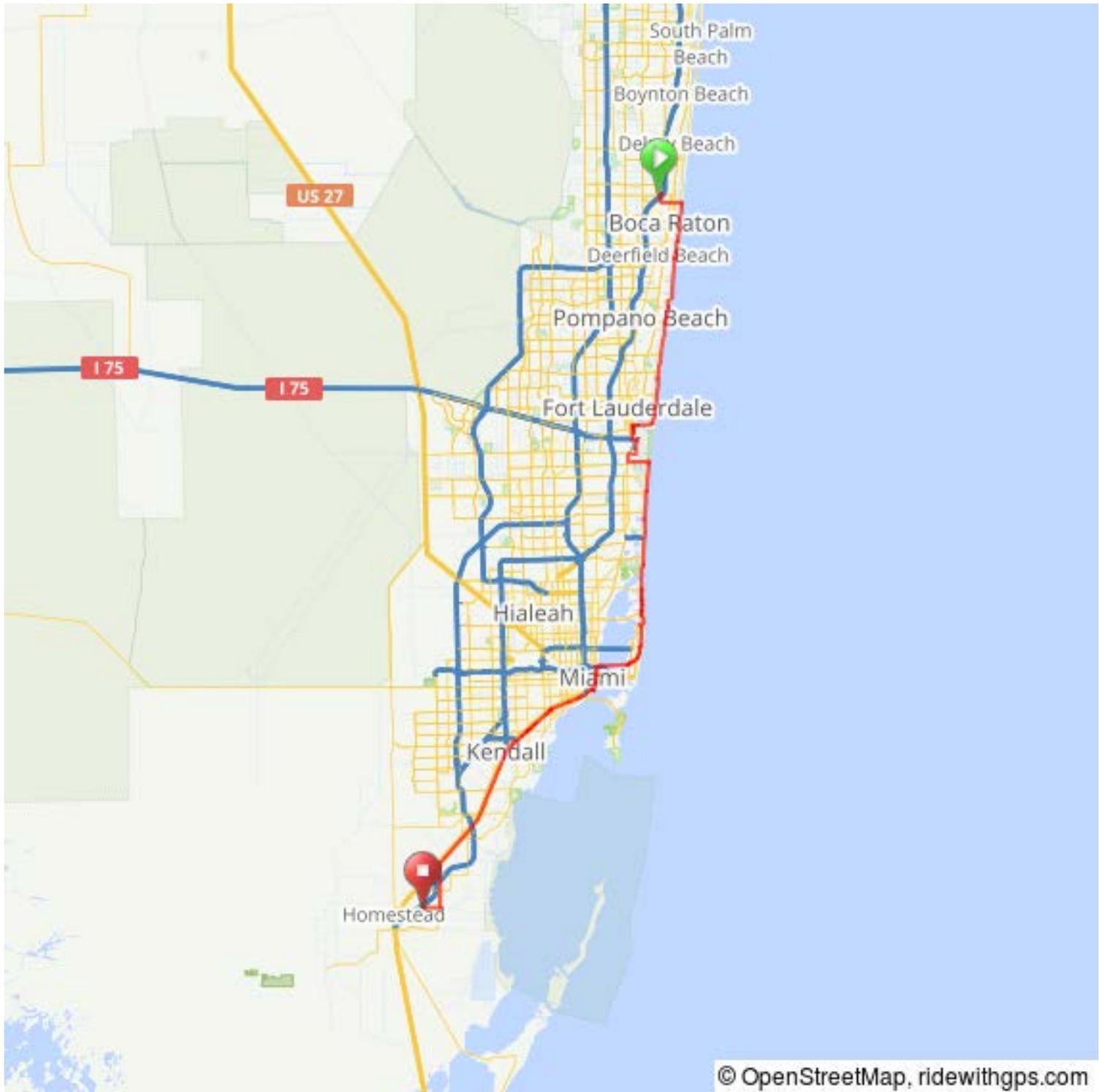
**Hampton Inn & Suites  
2855 N E 9th St,  
Homestead, FL 33033  
305-257-7000**

**Shuttle beginning at 6:00pm**

**DINNER: 6:30 PM**

**LOCATION: Legion Post 43  
399 S Krome Ave Homestead, FL 33030**

Sunday, Jan. 14 Map



**Monday, Jan. 15 Homestead, FL – Long Key, FL 65 miles**

U-Haul Bag Drop: 8:00-8:30 AM

RIDE BRIEFING: 8:45 AM DEPART: One Group 9:00 AM

MILE	TURN	INSTRUCTION	COMMENTS
0.03	Left	Turn left toward N E 9th St	
0.08	Right	Turn right onto N E 9th St	
0.12	Right	Turn right onto SW 312th St/NE 8th St/Campbell Dr	
0.19	Left	Turn left onto SW 152nd Ave	
0.54	Left	Turn left onto Pacific Blvd Dr	
0.56	Right	Turn right	
1.04	Right	Turn right onto N Gate Pl	
1.06	Left	Turn left onto SW 152nd Ave	
1.07	Right	Turn right	
2.21	Right	Turn right onto SE 24th St/E Palm Dr	
4.67	Straight	Continue onto SW 344th St/E Palm Dr	
4.84	Left	Turn left onto US-1 S	
7.14	Straight	Make a U-turn	
16.04	Left	Slight left onto US-1	
16.17	Right	Slight right onto US-1 S	
19.79	Right	Turn right to stay on US-1	
19.8	Left	Turn left onto US-1 S	
24.79	Straight	Take the exit toward Yacht Club Drive	
25		Rest Stop	<b>Rest Stop: Key Largo Baptist Church, 835 Largo Rd., Key Largo, FL 33037</b>
25.02	Straight	At the traffic circle, take the 2nd exit onto the US-1 S ramp	
25.27	Straight	Merge onto US-1 S	
25.83	Right	Turn right onto Reef Dr	
25.85	Left	Turn left to stay on Reef Dr	
26.1	Left	Turn left onto Lake Surprise Rd	
26.13	Right	Turn right onto US-1 N	
27.65	Straight	Continue onto Florida Keys Overseas Heritage Trail	
29.76	Right	Turn right toward US-1 S	
29.79	Left	Turn left onto US-1 S	
30.07	Left	Turn left onto Alhambra Dr	
30.08	Right	Turn right onto US-1 N	
31.59	Left	Turn left onto Harry Davis Cir	
31.6	Right	Turn right	
32.9	Right	Turn right onto Atlantic Ave	
32.91	Left	Turn left onto US-1 S	
40.03	Right	Turn right onto Sterling Rd	
40.2	Straight	Continue onto Pointview Rd	
40.4	Left	Slight left onto Dickie Way	
43.94	Left	Turn left onto Coral Rd	
43.98	Left	Turn left toward Old Hwy/State Hwy 4a	

43		Lunch	Lunch: San Pedro Catholic Church, 89500 Overseas Hwy, Tavernier, FL 33070
45.93	Right	Turn right onto Treasure Harbor Dr	
45.96	Left	Turn left onto US-1 S	
47.25	Left	Turn left toward State Hwy 4a	
47.26	Right	Turn right onto State Hwy 4a	
48.35	Left	Turn left onto US-1 S	
49.18	Left	Turn left onto Old U.S. 1 S	
51.1	Right	Turn right onto Beach Rd	
51.12	Left	Turn left onto US-1 S	
55.19	Right	Slight right to stay on US-1 S	
55.29	Right	Turn right toward Tiki Ln	
55.31	Left	Turn left toward Tiki Ln	
55.51	Straight	Continue straight onto Tiki Ln	
57.95	Straight	Continue onto Florida Keys Overseas Heritage Trail	
59.69	Left	Sharp left toward US-1 S	
59.82	Right	Turn right onto US-1 S	
64.68	Right	Turn right	
64.81	Arrive	Hotel	ETA – 2:45-3:45 Lime Tree Bay Resort, 68500 Overseas Hwy, Layton, FL 33001

**HOTEL:**

Lime Tree Bay Resort,  
68500 Overseas Hwy,  
Layton, FL 33001

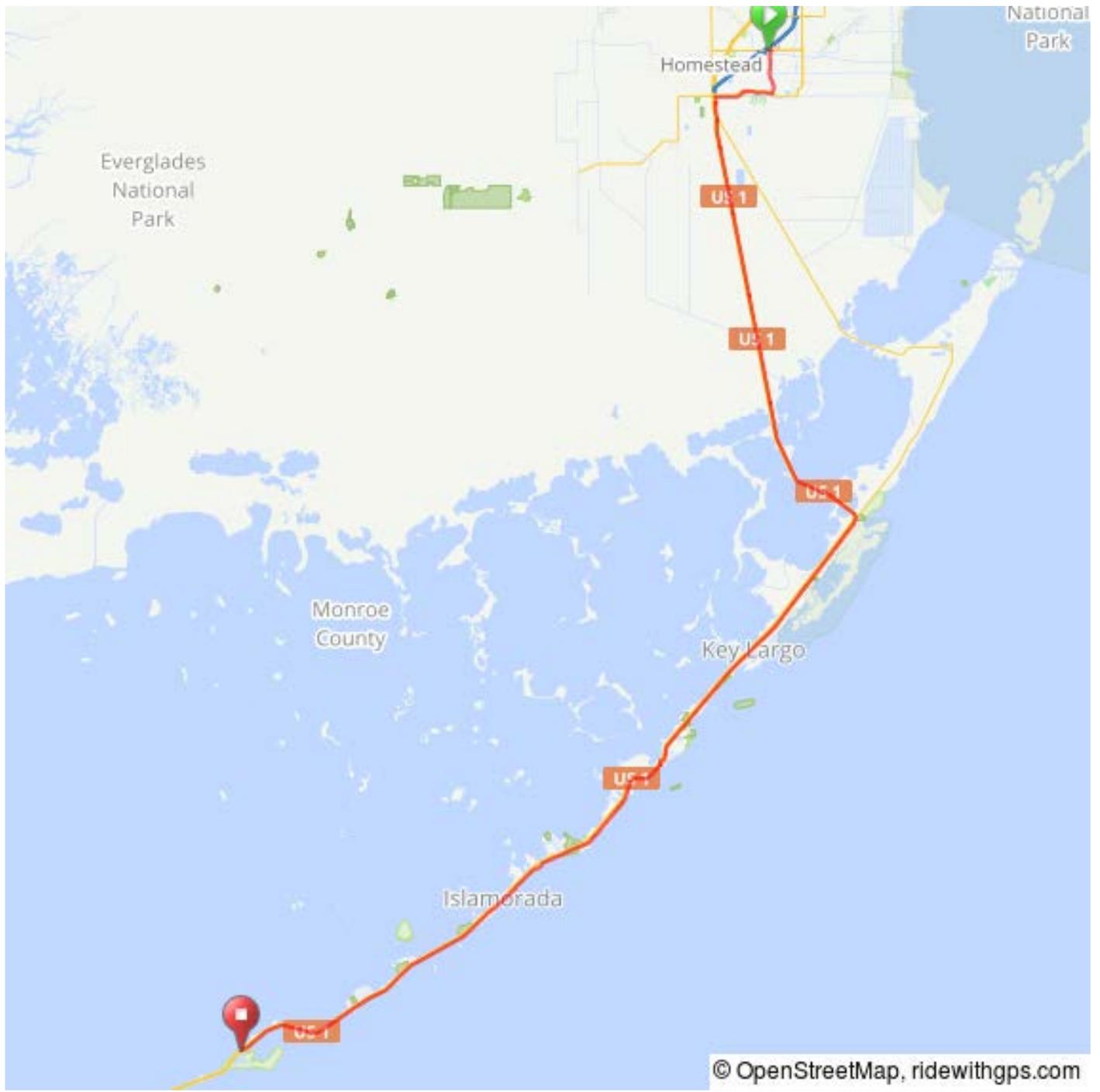
305-664-4740

Dinner: 5:45

LOCATION: Layton City Hall, 68260 Overseas Hwy, Layton, FL 33001

SPONSORED BY: Mangrove Mike's

**Monday, Jan. 15 Map**



**Tuesday, Jan. 16 Long Key, FL – Key West, FL 70 MILES**

U-Haul Bag Drop: 6:0068:30

RIDE BRIEFING: 6:45 DEPART HOTEL: One Group 7:00

MILE	TURN	INSTRUCTION	COMMENTS
0.1	Left	Turn left onto US-1 N	
0.14	Right	Turn right onto Zane Gray Creek Dr	
0.14	Right	Turn right onto Florida Keys Overseas Heritage Trail	
2.67	Right	Turn right toward US-1 S	
2.68	Left	Turn left onto US-1 S	
5.42	Left	Slight left to stay on US-1 S	
6.59	Left	Slight left toward Florida Keys Overseas Heritage Trail	
6.68	Straight	Continue onto Florida Keys Overseas Heritage Trail	
7.05	Straight	Continue onto US-1 N	
8.96	Right	Turn right onto Dorsett Dr	
8.98	Left	Turn left toward US-1 S	
9.12	Left	Turn left at County Rd	
9.14	Right	Turn right onto US-1 S	
10.13	Right	Turn right onto Guava Ave	
10.15	Left	Turn left onto Florida Keys Overseas Heritage Trail	
18.96	Straight	Continue straight to stay on Florida Keys Overseas Heritage Trail	
19		Rest Stop	<b>Rest Stop: Marathon Community Park, 200 Ocean, 36th St, Marathon, FL 33050</b>
20.81	Left	Turn left onto 12th Street Gulf	
20.82	Right	Turn right onto US-1 S	
28.76	Straight	Continue onto Florida Keys Overseas Heritage Trail	
28.96	Right	Turn right onto US-1 S	
29.56	Right	Slight right to stay on US-1 S	
29.71	Right	Turn right toward Florida Keys Overseas Heritage Trail	
29.72	Left	Turn left onto Florida Keys Overseas Heritage Trail	
30.06	Right	Slight right onto US-1 S	
31.26	Right	Slight right to stay on US-1 S	
35.31	Right	Slight right to stay on US-1 S	
36.68	Right	Turn right onto Beach Dr	
36.79	Left	Turn left onto Warner St	
37.1	Left	Turn left onto Ave A	
37.82	Left	Slight left onto Florida Keys Overseas Heritage Trail	
38.88	Left	Turn left onto Ships Way	

38.89	Right	Turn right onto US-1 S	
40.1	Left	Slight left to stay on US-1 S	
40.15	Left	Turn left onto Pirates Rd	
40.16	Right	Turn right onto Florida Keys Overseas Heritage Trail	
40.42	Right	Turn right onto Kings Cove Rd	
40.42	Left	Turn left onto US-1 S	
41		Lunch	<b>Lunch: Boondocks, 27205 Overseas Hwy Ramrod Key, FL</b>
41.18	Left	Slight left to stay on US-1 S	
41.34	Left	Turn left onto W Indies Dr	
41.35	Right	Turn right onto Florida Keys Overseas Heritage Trail	
42.25	Right	Turn right toward US-1 S	
42.26	Left	Turn left onto US-1 S	
43.42	Right	Slight right to stay on US-1 S	
43.5	Right	Turn right onto Flagship Dr	
43.72	Left	Turn left onto Horace St	
43.74	Right	Turn right onto US-1 S	
44.72	Left	Slight left to stay on US-1 S	
45.57	Left	Slight left to stay on US-1 S	
45.74	Left	Turn left onto Spanish Main Dr	
45.76	Right	Turn right toward Cutthroat Dr	
46.01	Right	Turn right onto Cutthroat Dr	
46.04	Left	Turn left onto Old U.S. 1 S	
47.36	Left	Turn left onto Blimp Rd	
47.37	Right	Turn right onto US-1 S/Old State Rd 4a	
49.33	Right	Slight right to stay on US-1 S	
53.27	Straight	Continue onto Florida Keys Overseas Heritage Trail	
54.45	Right	Turn right onto Blue Water Dr	
54.46	Left	Turn left onto US-1 S	
57.52	Right	Slight right to stay on US-1 S	
58.09	Right	Turn right onto Jade Dr	
58.1	Left	Turn left onto Florida Keys Overseas Heritage Trail	
58.98	Left	Turn left onto Coppitt Rd	
58.99	Right	Turn right onto US-1 S	
59.34	Left	Slight left onto US-1 N	
59.62	Left	Turn left onto Rockland Dr	
59.71	Straight	Continue onto Midway Ave	
61.96	Right	Turn right toward US-1 N	
61.99	Left	Turn left onto US-1 N	
63.52	Right	Turn right onto Key Haven Rd	
63.54	Left	Turn left onto Florida Keys Overseas Heritage Trail	
64.91	Left	Turn left to stay on Florida Keys Overseas Heritage Trail	

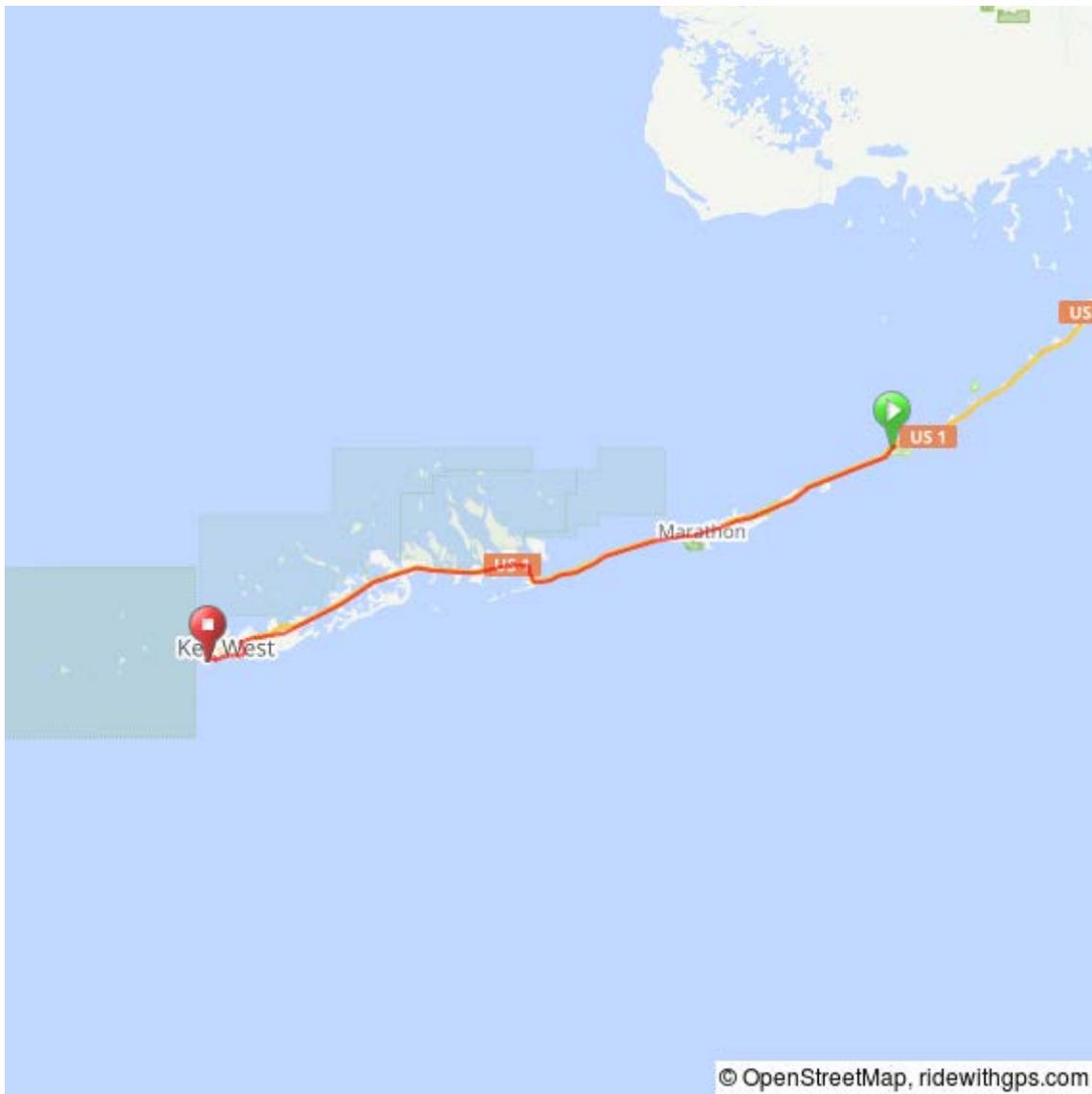
68.03	Left	Turn left to stay on Florida Keys Overseas Heritage Trail	
68.57	Right	Slight right at White St	
68.58	Left	Slight left at Atlantic Blvd	
68.71	Right	Turn right onto Atlantic Blvd	
68.85	Right	Atlantic Blvd turns right and becomes Reynolds St	
69.12	Left	Turn left onto South St	
69.59	Arrive	SMP Buoy	ETA – 1:30pm

**HOTEL:**

**Best Western Key  
Ambassador Resort Inn,  
3755 S Roosevelt Blvd,  
Key West, FL 33040  
(305) 296-3500**

**DINNER: 4:30pm**

**LOCATION: Bistro 245 (Pier), 245 Front St, Key West, FL 33040**



Transportation will be provided in the morning back to Stuart, FL on Wednesday 17 January. **Thank you for your participation in the 2018 Southernmost Point Ride.**